



## This Week

### Meeting Date and Place

**April 2, 2009 at 12:15 p.m. ....Cameron Park Country Club**

### Words of Wisdom

Words of Wisdom: **Dave Sargent**; Greeter **Tom Keating**; and **David Tavernetti** on the desk

### Program

President **Iain Marshall** will explain how he got past the U.S. Department of Immigration and Naturalization to reach Cameron Park

## Last Week



Many present know of **Bob Billingsley** as a Columnist for the Mountain Democrat. Most do not know of his Cherokee heritage and that he teaches classes on Cherokee and Buddhist philosophy. Bob visited last week to talk about Cherokee philosophy and how he applies it to his daily life. He credits his Cherokee grandmother with teaching him much about the Cherokee culture and philosophy.

Bob notes that there are significant similarities between Cherokee and Buddhist philosophies and speculates that the Cherokee people may have originated in the same part of the world and traveled across the Behring Straights thousands of years ago. On the other hand he notes that pottery in the Andes is identical in design to Cherokee pottery and admits that the specific origins of

the Cherokees is still up for speculation. Regardless, the similarities with Buddhism are still worth noting. He corrected a widely held misconception that Buddhism is a religion when it is more accurately described as a philosophy. Both Buddhist and Cherokee teachings advocate a highly ethical life and altruistic behavior. Both talk in terms of living life with a higher spirit rather than asking that spirit to solve one's problems. For example, a Cherokee would not pray for a cure to cancer. He would ask for the Great Spirit to accompany him while he deals with the disease. Bob related an experience that he had with shingles, which can be a very painful condition. He relied on the Cherokee approach and claimed that his doctor was amazed at how he overcame the pain.

According to Bob, the highest compliment that one can receive in a Cherokee community is to be called a helper. Cherokee people are expected to give to others. For example, as a youth, he recalled that he was expected to help if a neighbor needed assistance. He would cut lawns when needed and not expect or accept pay in return. Bob described **Bob Edwards** as his mentor for doing good works in the community and said that Bob would have very high standing in the Cherokee Nation. Anyone knowing of Bob Edwards' many contributions would certainly have to agree that he would be held in high regard in any culture.

Ancestry is very important to Cherokees. Given that approval of relatives is of supreme importance,

one should act as though he/she was being seen by relatives at all times. The biggest insult for a Cherokee is to be accused of having no relatives. Cherokees do not point a finger because that would mean that three fingers were pointing to themselves and drawing unwanted attention. They consider looking someone straight in the eye to be disrespectful and tend to look just below another's eyes. Gossip is viewed as disrespectful and those found gossiping are scolded. People must learn with their eyes, not with their ears. Cherokees do not appreciate big ambitions; being average is considered great. Taking time to do nothing is highly regarded. People must be humble and helpful.

Cherokees are generally positive people. They live in the moment and espouse positive thinking. When one first steps out of a Tee Pee in the morning, it is time to count one's blessings. Negative thinking is not allowed. If you have a friend who makes you feel troubled, you should not spend time with that person. If you have a falling out with a loved one, don't send a letter; it is too permanent. Instead, deal directly with that loved one and don't allow differences to fester. When a person has differences with a neighbor, he can bring a gift for that person to the next Powwow. If that person accepts, he/she will bring a gift to the next Powwow and the differences are considered resolved.

Like Buddhists, Cherokees believe that one should follow instincts. They both teach attentiveness to the moment. If someone is talking to you, pay full attention. At the same time, if a person has an important decision to make, that decision must come from within, regardless of advice from others. Finally, Bob says that Cherokees absolutely believe that one learns most from bad experiences. He is convinced that this country will learn a lot about materialism from today's economic conditions and will become a much better country for the experience.

### Presidents Corner



**Eric Pohl** has been a valued member of the club for some time. In fact, his contributions suggest that he has been a member for several years. So then, why has he been so long without a Blue Badge? No answer was forthcoming from President Iain, however a grateful Eric pledged ONE HUNDRED happy bucks to get his badge. Congratulations Eric and, Thank You.

#### **NEW PAUL HARRIS FELLOWS:**

President **Iain Marshall** is promising an exclusive party this summer for any member who completes a Paul Harris Fellowship during his term in office. Ever generous **Sabrina Ho** completed her PHF by giving a check to

**Dave Bunje** and is now looking forward to the summer gathering. Another generous sole to join the party, **Vickie Christensen-McLain** also dug out her check book for the cause. Iain and Sally Marshall are renowned hosts and their reputation will certainly attract a good crowd of Paul Harris Fellows.

#### **SHOW AND SHINE:**

The first planning meeting for the 2009 **Show and Shine** auto and aircraft show was held last Thursday with Cameron Park Rotarians and Soroptimists in attendance. Schedule for the fall, this event is becoming a major tradition in Cameron Park and interest shown by both clubs assures that this year's event will be bigger and better than ever.

#### **RUS LLOYD IS RECOVERING:**

**Gary Reynolds** reports that Rus Lloyd suffered a stroke last week. The good news is that Rus has improved enough to get out of intensive care and is now comfortably recovering at home. Take care Rus, we need to see you back at Rotary.

#### **ROTARY AT WORK DAY ON APRIL 25, 2009:**

Don't forget that nearly all members will be needed to make Christmas in April a success. We'll be manning the Salvation Army pots on April 25 and everyone should commit to a two hour stint. **Shiva Frentzen** has the sign-up sheet and urges everyone to sign up early to get their preferred shift and location. Don't forget an unforgettable pot luck Christmas in April dinner will follow at Bill Gallant's.

**ENTERTAINMENT AND FOOD COMMITTEE:**

It seems that President **Iain** doesn't know everything that is happening within his administration. When talking about the pot luck Christmas dinner and party at **Bill Gallant's** house on April 25, reference was made to the Club Entertainment and Food Committee. It is news to PI, but the committee is ably staffed by **Max Callaghan**, **Ulla Petersen** and **Dee Russo**. An impressive lot who need no guidance from above.

**CP ROTARY IN "AROUND HERE" MAGAZINE:**

**Bob Edwards** observed that there have been two favorable Rotary related articles in **Around Here** Magazine. One highlighted the upcoming **Rotary At Work Day** and featured a picture of President **Iain Marshall** in action. Another article described the wonderful ongoing programs at the **Cameron Park Rotary Community Observatory**. "Around Here" is a community based magazine available at most super markets. Look for it.

**DISTRICT ASSEMBLY ON APRIL 4, 2009:**

**Anne Eckert** has a sign-up sheet for any Rotarian wishing to attend the District Assembly at the Grand Sierra in Reno. All members are welcome and all incoming board members are urged to attend.

**Rotary DISTRICT 5190 CONVENTION:**

The District Convention is coming up fast. To be held at the Peppertree Hotel and Convention Center in Reno on May 14 to 17, the program promises inspirational speakers and lots of good information about Rotary programs. Interact students and Group Study Exchange teams in attendance always bring good energy. This year's program promises to be a good time for all. **Bill Gallant** will be coming around with the sign-up sheet immediately after the District Assembly.

**AREA SPEECH CONTESTS:**

The annual Area Speech Contest is scheduled for the evening of Tuesday, March 31, 2009, at the 50 Grand Steakhouse in Pollock Pines. Dinner will have a choice of Chicken or Salmon for \$25 or Prime Rib for \$28. No host cocktails will start at 5:30 p.m. and dinner will be served at 7:00.

To get to the 50 Grand Steakhouse in Pollock Pines, take Highway 50 to the Sly Park Exit (#60). Go under the freeway and turn left on Pony Express Trail and it is on the right side about 2 blocks

**Noted Rotarians****FINES AND HAPPY BUCKS:**

**Ane Deister** continues to share treats with members, finding a way around CPCC requirements to provide service for donated goodies. Ane brought in wonderful homemade pastries and placed a tray on every table. Everyone was suitably impressed, but only **Bob Clarke** was willing to pay Five happy bucks to thank Ane. Although **Shiva Frentzen** had to leave early and both **Ben Foulk** and **Dee Russo** arrived late, all had time to enjoy Ane's creation. All three also had five unhappy bucks each for their transgressions.

President **Iain Marshall** is unabashed about his picture in "Around Here" and paid only \$5 to brag about it.

**Chris Moore** continues to have much for which to be grateful and much for which to be proud as the Principal of Ponderosa High School. First, he is thankful for the work that **Dave**

**Sargent** did for the annual PHS Foundation Dinner last week. We all know how proud Chris is about the record seventeen straight years that his school has prevailed as the county academic pentathlon champions. This year they have placed third in the entire state, for which Chris offered fifteen happy bucks. **Dave Sargent** is relieved that the dinner was as success and thanked **Mike Collom** for his generous donation to their auction. This brought another ten happy bucks.

Accompanying husband **Gary, Robin Reynolds** offered ten happy bucks for the five home runs that Gary hit in a recent softball tourney. Five of those home runs were grand slams, so Gary must have really been on his game. The real reason for the \$10 is that Robin admitted, "Whenever Gary hits a home run, I get a kiss." Who knew that Gary was such a romantic? Go figure.

**Sig Hansen** visited the California Railroad Museum with a friend from out of town and ran into docent **Art Cort** before they got inside. With Art's considerable pull, they weren't even allowed to purchase admission tickets. Instead, Sig is happily contributing the sixteen dollars saved to the club. Just back from Southern California, **Coy Baugh** was given an award from graduate deans at USC for his outstanding Alumni Leadership. Admitting that awards are rare, Coy was happy to the extent of ten dollars. He was even happier with fifteen dollars just to be home.

### Birthdays in March

**Gary Gall**

**Norm Headley**

**Eric Pohl**

**Joe Ryan**

-----Spouses-----

**Marilyn Bowen**

**Beverly Check**

**JoAnn LePere**

### Anniversaries in March

**Sabrina & Alex Ho**

**Eric & Linda Pohl**

### Upcoming Calendar

March 31, 2009 - Tuesday evening meeting at Pollock Pines to judge area Speech competition

April 2, 2009 - President **Iain Marshall** will tell his story of how he emigrated from England to the fair shores of America.

April 9, 2009 - **Larry George** will give an update on Israel/Palestine conflict

April 16, 2009 - **Dee Russo** will discuss **Project Amigo** and her December visit with her daughters to Mexico

April 23, 2009 - ``Sewards Folly`` travelogue with **Art ``North to Alaska`` Cort**

April 30, 2009 - GSE Team presentation

May 7, 2009 - Folsom Lake College development, including Performing Arts Center

May 14, 2009 - Vocational Service experiences by **Norm Headley** and **Tom Keating**

May 21, 2009 - **George Eckert** - California Mortgage Association: Legislative Update

May 28, 2009 - Trip to California Military Museum for meeting and tour

June 4, 2009 - **Star Walker** from EDC Office on Aging about available programs

### Upcoming Words of Wisdom

April 9, 2009 - Words of Wisdom **Edie Liebergot**; Greeter **Ben Young**; and **Sabrina Ho** on the front desk

April 16, 2009 - Words of Wisdom **Ron Losel**; Greeter **Jim Buckley**; and **Ulla Petersen** on the front desk

April 23, 2009 - Words of Wisdom **Vickie Christensen-McLain** ; Greeter **Sig Hansen**; and **David Tavernetti** on the front desk

April 30, 2009 - Words of Wisdom **Bob Clarke**; Greeter **Norm Headley**; and **Tom Keating** on the front desk

## The Last Word



## DATES TO REMEMBER:

March 31, 2009 - Tuesday evening meeting at Pollock Pines to judge area Speech competition

April 4, 2009 - District Assembly at the Grand Sierra in Reno

April 7, 2009 - Monthly Rotary Club of Cameron Park Board meeting at Kobe`s restaurant in Burke`s Junction. All members welcome.

April 25, 2009 - Rotary at Work Day

April 25, 2009 - "Walk for Children" to raise money for the Children of St. Jude`s at Ponderosa High School

May 14 to 17, 2009 - Rotary District 5190 Conference at the Pepermill Hotel and Conference Center in Reno

June 13, 2009 - **Wine at Town Center**

**Mike Neal** has put together another of his photo series of highlights of our 2008 Christmas Dinner & Auction. The link is at the bottom of this web page. Recent pictures of the Philippine Boat project are now posted in the link below entitled, ``Agusan Marsh Project in the Philippines.``

**Gear Up** is written by **Jim Buckley** and **Art Cort**. Photography and artwork through the talents of **Mike Neal**.